

Martha Bird Curriculum Vitae

Contact: martha@marthabirdart.com
Website: marthabirdart.com

Born in Newark, New York
Studio: ArT@967 Payne in St. Paul, MN

SOLO EXHIBITIONS

- 2024 Mississippi Watershed Management Organization, Minneapolis, MN
- 2023 Kaddatz Galleries, Fergus Falls, MN
- 2021-22 *Body Fragmented*, Gallery Two, Phipps Center for the Arts, Hudson, WI
Body Work, Susan Hensel Gallery, artsy.net (catalog)
Willow in Motion, The Windows on Cedar—Susan Hensel Gallery, Minneapolis, MN
- 2021 *What's Next?* Hennepin County Library—East Lake, Minneapolis, MN
Rooted Reckonings, Kaddatz Galleries, Fergus Falls, MN
Raise Your Voice, MN Social Services Association
- 2019-20 *Basketry To Enhance Health*, Hennepin County Library—East Lake, Minneapolis, MN
- 2019 *The Forest Breathes*, Otter Tail County Historical Museum, Fergus Falls, MN
Listen, Kaddatz Galleries, Fergus Falls, MN
Holistic Practice: A Nurse and Her Art, University of MN, Minneapolis, MN
- 2018 *Weaving Wellness: Art, Community and Mental Health Resilience*, MN History Center, St. Paul, MN
Basket Medley, Hennepin County Library—East Lake, Minneapolis, MN
- 2017 *Finding Focus: Returning to a First Love*, First Universalist Church, Minneapolis, MN
- 2016 *Connections: A Solo Show from Martha Bird*, Avivo, Minneapolis, MN

THREE PERSON EXHIBITIONS

- 2022 *Colors of Spring*, ArT @ 967 Payne, St. Paul, MN
- 2021 *Woven*, Inez Greenberg Gallery, Artistry, Bloomington, MN

INVITATIONAL EXHIBITIONS

- 2023 Kaddatz Galleries, Fergus Falls, MN (solo)
- 2022 *Eye to Eye*, Fresh Eye Gallery, Minneapolis, MN
Two Hundred Six, Art at the Bridgewater, Minneapolis, MN
Colors of Spring, ArT @ 967 Payne, St. Paul, MN (three person)
- 2021 *Body Work*, Susan Hensel Gallery, artsy.net (solo)
Willow in Motion, The Windows on Cedar—Susan Hensel Gallery, Minneapolis, MN

Rooted Reckonings, Kaddatz Galleries, Fergus Falls, MN (solo)
Reflections: Living Creatively, Twin Cities Premium Outlets, Eagan, MN
Collars for RBG, Kaddatz Galleries, Fergus Falls, MN

- 2020 *Momentary Certainties*, Eagan Art House, Eagan, MN
- 2019 Avivo Private Party, Minneapolis, MN
- 2018-19 *Art at Work: Membership Invitational Showcase*, Art Works, Eagan, MN
- 2016 *Zagzum Visual Art Exhibition*, Minneapolis Convention Center, Minneapolis, MN
- 2015 *Art & Eating Disorders: Building Community Awareness*, Art Institutes International, Minneapolis, MN
- 2013 *Art & Eating Disorders: Building Community Awareness*, Art Institutes International, Minneapolis, MN

JURIED EXHIBITIONS

- 2022-23 *Art Ability*, Bryn Mawr Rehab Hospital, Malvern, PA (international)
- 2022 *Life in the Details* (touring), Art Works, Eagan, MN; Ames Center, Burnsville, MN
- 2021-22 *Art Ability*, Bryn Mawr Rehab Hospital, Malvern, PA (international)
- 2021 *Woven*, Inez Greenberg Gallery, Artistry, Bloomington, MN (three person exhibit)
CollabArts Vol.3, Springboard for the Arts, St. Paul, MN
Raise Your Voice, MN Social Services Association (solo)
Art of Possibilities Art Show & Sale, Courage Kenny Foundation, Minneapolis, MN (international)
Create Connections 2021 (touring), Art Works, Eagan, MN; Ames Center, Burnsville, MN
- 2020 *Fine Arts Exhibition*, MN State Fair, Fine Arts Center, St. Paul, MN
- 2019 *inVISIBLE*, World Mental Health Day, UCare Health Plan & CIRCA Gallery, Minneapolis, MN
What Is Forbidden, Catherine G. Murphy Gallery, St. Catherine University, St. Paul, MN
- 2018 *Whimsical Weaving*, Association of Michigan Basketmakers Convention, Bellaire, MI
- 2017-18 *All Things Considered 9: Basketry in the 21st Century* (touring), Tacoma, WA; Layton, NJ; Boston, MA (catalog) (Juror: Lloyd Herman, Founding Director, Renwick Gallery, Smithsonian American Art Museum, Washington, DC).
- 2017 *Anguish and Hope*, Vine Arts Gallery, Minneapolis, MN
Forever Home, Duluth Art Institute, Duluth, MN
Art of Possibilities Art Show & Sale, Courage Kenny Rehabilitation Institute, Golden Valley, MN
Inauguration: Acts of Resistance, Acts of Kindness, Susan Hensel Gallery, Minneapolis, MN
Art 4 Shelter, Le Meridien Chambers Hotel, Minneapolis, MN

GROUP EXHIBITIONS

- 2021-22 *Crossroads*, Best Buy Foundation Gallery, Hennepin Theater Trust, Minneapolis, MN

- 2021 *Momentary Certainties 2021*, Eagan Art House, Eagan, MN
@TheTable: Disability Arts Feast, Americorp & MN Council on Disability, Minnesota
Overcoming, Hennepin County Library—East Lake, Minneapolis, MN
Virtual WIT eXchange, American Association of Woodturners (international)
Frame of Reference, Avivo ArtWorks, Minneapolis, MN
Virtual Reality, Fresh Eye Gallery, Minneapolis, MN
2020 Reflections & Beyond Avivo ArtWorks, Minneapolis, MN
The Light Show, Eagan Art House, Eagan, MN
- 2020 *Foot in the Door 5: The Virtual Exhibition*, Minneapolis Institute of Art, MN
Pop-Up Exhibition, Hennepin Theater Trust, Minneapolis, MN
Virtual, Tiny Gallery, NordHaus, Minneapolis, MN
Collaboration: Annual Member Show, Art Works, Eagan, MN
Observation: The Human Form, Art Works, Eagan, MN
Organized Chaos, Eagan Art House, Minneapolis, MN
Peace in the Home (Shalom Bayit), Sabes & St. Paul Jewish Community Center, St. Paul, MN
- 2019-21 *Together We Thrive: ArtWorks at MSP Airport*, Minneapolis, MN
Untitled, Nicollet Diner, Minneapolis, MN
Breaking Barriers Through Arts, Hennepin County Library—Minneapolis Central, Minneapolis, MN
Art Made in Community, Family Justice Center, Minneapolis, MN
- 2019 *THIS IS WOMEN'S WORK: The Women's Art Institute Class of 2018*, Howard Conn Gallery, Minneapolis, MN
Artability Art Show, Great Hall, St. Paul, MN
Achieving Dreams, Hyatt Hotel, Minneapolis, MN
Winter Market, Avivo, Minneapolis, MN
Greatest of All Time (GOAT), Artability, The Show Gallery, St. Paul, MN
More Basketry, Celebrating Our Community, Ivan Wilson Fine Arts Center, Bowling Green, KY
A Week's Work, Tradition & Innovation in Basketry 10, West Kentucky University, Bowling Green, KY
Summer Market Preview Sale, Avivo, Minneapolis, MN
Avivo at Blick Art Materials, Blick Art Materials, Roseville, MN
Art Works = More Than the Sum Of Its Parts, Art Works, Eagan, MN
United Practice, University of MN, Minneapolis, MN
- 2018 *Winter Market*, Avivo, Minneapolis, MN
Artability Art Show, Great Hall, St. Paul, MN
Monochromatic, Theater in the Round, Minneapolis, MN
Having Resiliency, Unity Church-Unitarian, St. Paul, MN
Work from The Women's Art Institute, Catherine Murphy Gallery, St. Catherine University, St. Paul, MN
Pop Up Sale, Avivo, Minneapolis, MN
Art on the Lake, Minnetonka, MN
Art in Bloom, Minneapolis Institute of Arts, Minneapolis, MN
Hopeful, Park Square Theater, St. Paul, MN
Reflections, Park Square Theater, St. Paul, MN
Exploring Waters, Park Square Theater, St. Paul, MN
A Rare and Revealing Look at Mental Illness, History Theater, St. Paul, MN
A Common Thread, Textile Center, Minneapolis, MN
Stages: One Step at a Time, Orchestra Hall, Minneapolis, MN

- 2017-20 *The Beauty of It All* (rotating art), Family Partnership, Minneapolis, MN
- 2017-18 *Photovoice Empowerment Photography: To Really See*, Avivo, Minneapolis, MN
To Really See (touring exhibition), Cargill Gallery and University of MN, Minneapolis, MN; St. Luke's Hospital, Duluth, MN
- 2017 *Divergent Offerings*, Women's Art Resources of MN, The Show Gallery, St. Paul, MN
Winter Market, Avivo, Minneapolis, MN
Artability Art Show, The Great Hall, St. Paul, MN
Art 4 Shelter, Le Meridien Chambers Hotel, Minneapolis, MN
Student Exhibition, John C. Campbell Folk School, Brasstown, NC
Celebrating 20 Years: Minnesota Basket Weaver's Guild, Textile Center, Minneapolis, MN
Creative Arts, Minnesota State Fair, St. Paul, MN
More to Consider 2, National Basketry Organization, Kittridge Gallery, Tacoma, WA
Water's Edge, Minnesota Landscape Arboretum, Chaska, MN
- 2016-17 *Photovoice Empowerment Photography: Breath of Life*, Avivo, Minneapolis, MN
- 2016 *A Rare and Revealing Look at Mental Illness*, History Theater, St. Paul, MN
Winter Market, Avivo, Minneapolis, MN
Flourish: Artability Art Show, The Great Hall, St. Paul, MN
- 2015 *Artability Art Show*, The Great Hall, St. Paul, MN
A Rare and Revealing Look at Mental Illness, History Theater, St. Paul, MN
- 2013 *Art & Eating Disorders: Building Community Awareness*, Art Institutes International, Minneapolis, MN
- 2012 *Artability Art Show*, Mounds Theater, St. Paul, MN
- 2006 *Studio Sale*, Interact Inside Out Gallery, Minneapolis, MN
Uncommon Senses, Inside Out Gallery, Minneapolis, MN
- 2005 *Powderhorn Park Art Fair*, Minneapolis MN
- 2004 *Transformation—Burn This Show*, Inside Out Gallery, Minneapolis, MN
Studio Sale, Inside Out Gallery, Minneapolis, MN
- 2003-07 *26th Street Artists Biannual Show & Sale*, Minneapolis, MN; Edina, MN; St. Paul, MN
- 1998 Creative Arts, Minnesota State Fair, St. Paul, MN

GALLERY AFFILIATION

ArtForce, Minneapolis, MN

Susan Hensel Gallery, Minneapolis, MN (+Artsy.net)

GRANTS, AWARDS and HONORS

2022 Metropolitan Regional Arts Council, *Arts Impact for Individuals Grant*

- Minnesota State Arts Board, *Creative Support for Individuals Grant*
- 2021 McKnight Visual Artist Fellowship, *Finalist*
Minnesota State Arts Board, *Creative Support for Individuals Grant*
Minnesota Social Service Association, MSSA 128th Conference, *Visual Centerpiece Award "Healing Burst"*
- 2020 North Country Studio Workshops, Bennington, VT , *Merit Scholarship*
Avivo & UnitedHealth Group, *Artist Feature Video "This is Martha's Story"*
- 2019 Minnesota State Arts Board, *Artist Initiative Grant*
Vocational Rehabilitation Services, *Small Business Art Grant*
Vocational Rehabilitation Services, *Small Business Disability Expenses Grant*
Teladoc Health, *Honorable selection for International Holiday Card, "Rebirth"*
Avivo, Minneapolis, MN, *Compassionate Community Leader Award*
Avivo, Minneapolis, MN, *Artists in Community Award*
- 2018 Women's Art Institute, St. Catherine University, St. Paul, MN, *Merit Scholarship*
People Incorporated, St. Paul, MN, *Honorable selection for Visual Art Notecard, "Flowing Upstream"*
Artability, St. Paul, MN, *Honorable Mention—Non-Fiction, "From MI to MN, and Reaching Back Again"*
Camp Koinonia, Crosslake, MN, *Art at Heart Award*
- 2017 John C. Campbell Folk School, Brasstown, NC, *Merit Scholarship*
Peters Valley School of Craft, Layton, NJ, *Merit Scholarship*
Artability, St. Paul, MN, *Best Social Commentary Award, "Medicine Basket with Safety Net"*
Artability, St. Paul, MN, *Honorable Mention-Non-Fiction, "Shedding the Old, Moving Into the New"*
National Basketry Organization, *art selected as 1 of 40 out of 332 pieces for US tour, "Braided Curves"*
- 2016 Avivo ArtWorks, Minneapolis, MN, *Artist of the Month*
Artability, St. Paul, MN, *Honorable Mention—Creative Non-Fiction, "Springtime Ritual"*
- 2006 Artability, St. Paul, MN, *First Place—Creative Non-Fiction, "The Meaning of Spring"*
- 1998 Minnesota State Fair, St. Paul, MN, *Third Place Basketry Award, "Revealed Heart"*

RESIDENCIES

- 2022 Lanesboro Arts & Jerome Foundation Artist Residency, Lanesboro, MN
- 2019 Anderson Center at Tower View, Red Wing, MN
- 2018 Hinge Arts Career Development Residency, Springboard for the Arts, Fergus Falls, MN

INSTALLATIONS

- 2022 *Flags Up For: people, places, & ideas*, Powderhorn Art Fair, Minneapolis, MN (group)
Weaving Water, Sarah Nassif & Mississippi Watershed Management Organization, Minneapolis, MN (group)
- 2021 *Intertwining Stories: A Macro Macramé (Macromé!) Project*, Art Works, Eagan, MN (group)

- 2019 *Irish Skib*, Vail Place, Minneapolis, MN (single piece display)
- 2018-19 *Nebula*, Art Works, Eagan, MN (single piece display)
- 2018 *Nebula*, Avivo, Minneapolis, MN (single piece display)
- 2017 *The Sculptural Form*, recycled materials sculptural installation, University of Puget Sound, Tacoma, WA (group)
I Am, Artability Art Show, Great Hall, St. Paul, MN (group)
- 2006 *Sensory Perception Installation: Uncommon Senses*, Inside Out Gallery, Minneapolis, MN (group)

COLLABORATIONS

- 2022 *Swirls Cathead Basket, Flat Weaving Swirls, Forest Swirls, Swirls Collage* (multidisciplinary), Collaborator: Danielle Day
exhibited in *Eye to Eye*, Fresh Eye Gallery, Minneapolis, MN
- 2021-22 *Resilience* (needle felting), Collaborator: Kimberly Laudert
exhibited in *Crossroads*, Hennepin Theater Trust, Minneapolis, MN; *Life in the Details* (touring), Art Works, Eagan, MN; Ames Center, Burnsville, MN
- 2021 *Willow Dance* (multidisciplinary), Collaborator: Shannon Hartle
exhibited in *CollabArts Vol.3*, Springboard for the Arts, St. Paul, MN; *Momentary Certainties 2021*, Eagan Art House, Eagan, MN
Harmonious Pathway: Embracing the Unexpected (multidisciplinary, national), WIT eXchange, Collaborators: Sally Ault, Tina O'Brien
exhibited in *Virtual WIT eXchange*, American Association of Woodturners (international)
RBG: One Step at a Time (multidisciplinary), Collaborators: Natalia Pederson, Angélica Morales
exhibited in *Create Connections 2021* (touring), Art Works, Eagan, MN; Ames Center, Burnsville, MN
- 2019 *Relationships* (digital photography), Collaborator: Glenn Wm. Wymore
exhibited in *Breaking Barriers Through the Arts*, Hennepin County Library—Minneapolis Central, Minneapolis, MN; *Collaboration: Annual Member Show*, Art Works, Eagan, MN
- 2018 *Wayward*, (multidisciplinary), Collaborators: Chris Mueller, Craig Gilbert
exhibited in *Art in Bloom*, Minneapolis Institute of Arts, Minneapolis, MN

COLLABORATIVE COMMUNITY-BASED ART

- 2022 *The Ahimsa Tree: a Collaboration*, Vail Place Garage Mural, Minneapolis, MN
- 2021 *Feeding Connection with Postcard Art*, Stevens Square Neighborhood Organization, Minneapolis, MN
38th Street Resilience Project (at George Floyd Square), Metro Blooms, Chicago Avenue Fire Arts Center & University of MN Bee Lab, Minneapolis, MN
Hope Signs, Avivo, Minneapolis, MN
- 2020 *2020*, Avivo ArtWorks Community Mural with COMPAS & Avivo, Minneapolis, MN

- 2019 *South's Heart—Family Engagement Center*, South High School & Art to Change the World, Minneapolis, MN
- 2018-19 *Avivo Art Garden*, Avivo, Minneapolis, MN
- 2017 *Bird Nests in Fiber*, North Star Farm Tour, Windswept Hill Farm & Studio, Farmington, MN

COMMISSIONS

- 2021 *Descent/Dissent* (wearable art), Fashion Photographer Natalia Pederson, Coon Rapids, MN
- 2017 *Medicine Basket with Safety Net*, Avivo ArtWorks, Minneapolis, MN
 Creel Baskets, Minnesota Landscape Arboretum, Chaska, MN
Woven "T" for Avivo ArtWorks Collective sign, Avivo, Minneapolis, MN
- 2016 *Map Basket*, Brooklyn Center, MN
Map Basket, Minneapolis, MN
- 2007 *My Blood Turns to Sludge*, Interact Center for the Visual and Performing, Minneapolis, MN
- 2006 Various Baskets, Interact Center for the Visual and Performing, Minneapolis, MN

COLLECTIONS

Public

Bryn Mawr Rehab Hospital, Main Line Health, Malvern, PA
 Minnesota Historical Society, St. Paul, MN
 Minnesota History Center, St. Paul, MN
 Newark-Arcadia Historical Society, Newark, NY
 Romulus Historical Society, Romulus, MI

Private

Art Partners (Project Collaborator for a national cause based art program), Minneapolis, MN
 Large national healthcare provider, Glendale, CA; Carmel, IN; Muncie, IN; Lutz, FL; Tampa, FL; Indianapolis, IN; Bethpage, NY; Charleston WV
 Farmboy Fine Arts (Project Collaborator), Vancouver, British Columbia, Canada
 Modera Six Pines—Millcreek Residential, Shenandoah, TX

BIBLIOGRAPHY

- 2022 "Community Engagement and Basketry!" *Uptown Updates*, Vail Place, Minneapolis, MN, May. 5.
 "Brigid's Cross" *Uptown Updates*, Vail Place, Minneapolis, MN, March. 15.
 "Martha's Mindful Art-Now Monthly," *Uptown Updates*, Vail Place, Minneapolis, MN, January. 5.
- 2021 Jonathon M. Clark, "Body Work: Martha Bird and the Art of Mortality," Susan Hensel Gallery, artsy.net
 "Mindful Art: feelings before to after," *Uptown Updates*, Vail Place, Minneapolis, MN, November. 1.
 "Martha's Art at the Library," *Uptown Updates*, Vail Place, Minneapolis, MN, October. 16.
 "Mindful Art with Martha B!" *Uptown Updates*, Vail Place, Minneapolis, MN, September. 6.
 "Martha Bird; named a McKnight Finalist!" *Uptown Updates*, Vail Place, Minneapolis, MN, July. 11.
 H. Kantrud, "Kaddatz Galleries showcasing three artists," *The Daily Journal*, Fergus Falls, MN, June 9.

- Ruth Nerhaugen, "Weaving Toward Wholeness," *Republican Eagle*, Red Wing, MN, May 24 (republish).
 Alicia Eler, "Five gallery shows to brighten January," *Star Tribune*, Minneapolis, MN, January 15. E8.
- 2020 Laine Bergeson, "The wonders of weaving," *Star Tribune*, Minneapolis, MN, March 22 (invitational).
- 2019 Rebecca Miller, "Forum: basketry," *The Flame*, Plymouth Church, Minneapolis, MN, December L(11). 4.
 Kelly Smith, "Connecting through art" (with photos), *Star Tribune*, Minneapolis, MN, October 6. IN1-2.
 Patricia Olson, "Celebrating the Women's Art Institute," *What is Forbidden* (program).
 "Reclaiming Basketry," *The Phoenix Spirit*, September/October. 2.
 Johanna Armstrong, "Artist shows the limitlessness of basketry in two exhibits," *The Daily Journal*, Fergus Falls, MN, September 14. B1.
 Johanna Armstrong, "Many ways to heal," *The Daily Journal*, Fergus Falls, MN, September 14. B1.
 "Special Exhibit Coming To Fergus Falls," *Battle Lake Review*, Battle Lake, MN, September 4.
 "Special Exhibit Coming To Fergus Falls," *Ashby-Dalton Post*, Ashby, MN, September 4. 2.
 "OTCHS, Kaddatz to showcase joint exhibit," *The Daily Journal*, Fergus Falls, MN, September 3.
 Ruth Nerhaugen, "Weaving Toward Wholeness," *Republican Eagle*, Red Wing, MN, August 17. B6.
 Otter Tail County Historical Society Newsletter, Spring/Summer 45(2). 11.
- 2018 "From Nursing to Basket-Weaving," *Minnesota Women's Press*, December. 5.
 Art in Bloom, Minneapolis Institute of Art, Minneapolis, MN, April 26.
 Artist Feature, *Spokes and Weavers*, April (2).
 "Faye Buffington-Howell," in *Touch*, People Incorporated, Summer 23(2). 1.
 Kristin Goosen, "Baskets and Books: Two Hinge Artists at the Kirkbride Residency bring their talents to Fergus Falls area," *Daily Journal*, Fergus Falls, MN, March 17. B1.
 "SHE Project" (photos/quotes), Holistic Health & Wellbeing Conference, Mayo Clinic, Rochester, MN.
- 2017 "MBWG-20th Anniversary Textile Center Exhibit 2017," *Spokes and Weavers*, October 21(4). 8-12.
 "Leaving a Legacy of Good Will: Ethical Wills," *Health to You H2U*, Hospital Corporation of America, Spring. 14-15.
 "Shout out to an HCS Nurse," *The Consultant*, Health Counseling Services, April.
 "Member Spotlight: Martha Bird," *Vail Place 2017 Annual Report*, Minneapolis MN.
 Kelly Savage, "Business Spotlight—Martha Bird: Artist," *Corcoran Newspaper*, Minneapolis MN.
 "Martha Bird—The Art of Recovery" (with photos), *Vail Place Newsletter*, Minneapolis, MN, Fall. 5.
Visionary Journal, Vail Place, October 2017 (2)10. 5.
 "Art Exhibit!" *Visionary Journal*, Vail Place, April 2017. 5.
- 2016 *Visionary Journal*, Vail Place, August 2016 (1)5. 1.

PRINT MEDIA

- 2022 *Uptown Updates*, basketry class photographs, Vail Place, July. 3.
Biannual Community Report, sculptures on cover, The Phipps Center for the Arts, Hudson, WI, May.
Crossroads 2022 Calendar, August/October photographs, Hennepin Theater Trust, Minneapolis, MN
 Body Work: Martha Bird (catalog), Susan Hensel Gallery, January.
- 2021 *Uptown Updates*, exhibition announcement with photographs, Vail Place, October. 16.
Uptown Updates, artist weaving, Vail Place, Minneapolis, MN, September. 6.
Uptown Updates, sculpture and artist headshot, Vail Place, Minneapolis, MN, July. 11.
Perspectives 2021 Avivo ArtWorks Calendar, March/September photographs with quotes, Avivo.

- 2020 *The Voice*, mosaic chosen for conference theme, MN Social Service Association, Fall. 3.
Uptown Updates, sculpture on cover, Vail Place, Minneapolis, MN, September.
 Laine Bergeson, "The wonders of weaving," *Star Tribune Magazine*, Minneapolis, MN, March 22.
 "Getting Close," art printed on products, National Basketry Association, Zazzle.com.
- 2019 "Living Up to Our Standards," *Beginnings*, American Holistic Nurses Association, 39(6), December. 35.
 Rebecca Miller, "Women's Art Institute celebrates 20 years," *The Flame*, Plymouth Church,
 Minneapolis, MN, December L(11). 8.
 "Enlightened Leadership," cover art, *Beginnings*, American Holistic Nurses Association, 39(4), August.
Newsletter, artist weaving, Otter Tail County Historical Society, Spring/Summer 45(2). 11.
- 2018 "Weaving Wellness" sculpture, *Minnesota Women's Press*, November. 10.
 "Members in Print: Vessels" (Juror: Jane Sauer), *National Basketry Organization*, (71), Summer. 5.
 Kristin Goosen, "Learning the Perigord Technique" *Daily Journal*, Fergus Falls, MN, March 17. 2.
The Flashlight, two art pieces, Avivo ArtWorks, Spring.
2018 Wellness and Recovery Calendar, photograph with quote, Avivo, Minneapolis, MN.
- 2017 *Avivo: Live well. Work well.*, artist headshot in organization brochure.
 "Member Spotlight: Martha Bird," *Vail Place 2017 Annual Report*, Minneapolis MN.
Transformations: The First Book of Strobel Drop-In (2), cover art, October.
 "Martha Bird—The Art of Recovery," photograph of artist and sculpture, *Vail Place Newsletter*, Fall. 5.
All Things Considered 9: Basketry in the 21st Century (catalog), National Basketry Organization, July. 44.
- 2016 *The Flashlight*, two art pieces, Avivo ArtWorks, Summer.

RADIO and TELEVISION

- 2021 NPR Art Hounds, "Take your Valentine to look at art," February 11.
- 2018 PEG Access Television, screening *Reclaiming Basketry*, Fergus Falls, MN, March 23.
 PEG Access Television, A Week in the Arts: Artist Spotlight, March 12.

WEBSITE PUBLICATIONS

- 2022 "Weaver and Nurse engages with mental health and healing through basketry as artist in residence,"
 Lanesboro Arts, Lanesboro, MN, July 28.
 "Lanesboro Arts hosts willow sculptor this fall," Winonapost, July 27.
 "Biannual Community Report" (sculptures on cover), Phipps Center for the Arts, Hudson, WI, May 5.
 "Two Hundred Six," Bridgewater Lofts, Minneapolis, MN.
 "Body Fragmented: Virtual Galleries Walkthrough," Phipps Center for the Arts, Hudson, WI.
 "Body Work" (exhibition archive), Susan Hensel Gallery, Minneapolis, MN.
- 2021 "New Exhibition: Ethereal Willow Sculptures by Martha Bird," Gonzalo Mariategui, November.
 "Martha Bird," Mutual Art, November.
 "Martha Bird Body Work," MPLSART.COM, November.
 "New Exhibition: Ethereal Willow Sculptures By Martha Bird," *Midwest Home*, November 16.
 "'Body Work' by Martha Bird opening at Susan Hensel Gallery," Company News; Live Nyse Nasdaq;
 Native American News Today; Transcendental Meditation News; Newswires EIN; Lineage Gallery;
IQ Stock Market; Textiles Press Releases; EIN Presswire; Minnesota Culture Guide;
 Hobbies New Today; Book Press Releases; Lottery News Today; Consumer News; November 16.

- ["Body Work: Martha Bird and the Art of Mortality,"](#) Susan Hensel Gallery, Artsy.net, November 15.
- ["Momentary Certainties 2021,"](#) Eagan Art House, Eagan, MN, October 28.
- ["What's Next? Art Exhibition"](#) (curated list for improving the collective story), pollen, September 17.
- ["What's Next?"](#) (on curated list of important art events, with photo), MPLSART.COM, September 13.
- ["CollabArts Twin Cities"](#) (photo documentation), [Sarah Weiss Photography](#), August 5.
- Newsletter feature, "Bird: professional artist & mental health advocate" (video), Avivo Minute, August.
- ["@TheTable: Disability Arts Feast"](#) (video), Americorp & MN Council on Disability, MN, July 30.
- ["Red Hot Workshops Recap: Brigids Cross,"](#) Stevens Square Community Organization, July 11.
- ["CollabArts Vol. 3 Showcase"](#) (artwork), Minnesota Monthly, July 7.
- ["Red Hot Art,"](#) *Weekly News & Updates*, Stevens Square Community Organization, July 1.
- [2021 Selected Artist](#), Conference Visual Centerpiece, MN Social Service Association, Minnesota July.
- ["WIT eXchange Presentation of Projects"](#) (artist talk), American Association of Woodturners, June 19.
- ["WIT eXchange Slide Show"](#) (virtual exhibit), Women in Turning, June 19.
- ["Rooted Reckonings"](#) (artist talk), Kaddatz Galleries, Fergus Falls, MN, June 19.
- Login Page ["Featured art: Then to Now"](#) (artwork), Procentive, June 15.
- ["Frame of Reference"](#) (virtual exhibit), Avivo ArtWorks, June 11.
- H. Kantrud, ["Kaddatz Galleries showcasing three artists,"](#) *The Daily Journal*, Fergus Falls, MN, June 8.
- ["Art out of the Minneapolis 2020 Uprising"](#) (video), Avivo, March 16.
- Heather Kantrud, ["Then and now: Group exhibits on display at Kaddatz,"](#) *Daily Journal*, March 2.
- Artist Talk (social media), [Collars for RBG](#), Kaddatz Galleries, Fergus Falls, MN. February 19.
- Emily Bright, ["Art Hounds"](#) (radio, article), MPR News, February 11.
- ["Woven Virtual Artist Talk"](#) (video), Artistry, February 9.
- ["2020 Reflections & Beyond"](#) (virtual exhibit), Avivo ArtWorks, January 22.
- ["Part I: What motivates you?"](#) (video), Avivo/Hennepin Theater Trust, January 11.
- ["Part II: How does art support your spirit?"](#) (video), Avivo/Hennepin Theater Trust, January 12.
- ["Part III: What does it mean to be in this show?"](#) (video), Avivo/Hennepin Theater Trust, January 14.
- ["Part IV: What do you see for your art in 2021?"](#) (video), Avivo/Hennepin Theater Trust, January 19.
- ["Part V: What is your hope for Avivo ArtWorks?"](#) (video), Avivo/Hennepin Theater Trust, January 19.
- ["Artistry presents 'Woven' at the Inez Greenberg Gallery"](#) (video), Artistry, January 20.
- ["Collars for RBG"](#) (virtual tour), Kaddatz Galleries, Fergus Falls, MN, January 1.
- 2020
- Newsletter, featured artwork for "Hope" theme, Wisdom Ways Center, November 16.
- ["Martha Bird becomes a professional artist and mental health advocate"](#) (video), Avivo, October 23.
- Laine Bergeson, ["Porcupine quills, hand-reaped willow and hours of labor go into these woven wonders,"](#) *Star Tribune*, March 23.
- ["Fantastically Dazzling,"](#) Avivo, MN, March 12.
- ["NBO Member Gallery"](#) (photo), National Basketry Organization, March.
- Login Page ["Featured art: Irish Starbursts,"](#) Procentive, January 15.
- 2019
- Kelly Smith, ["Free Twin Cities art workshops teach people with mental illness new skills, boost confidence"](#) (with photos), *Star Tribune*, Minneapolis, MN, October 14.
- ["Humanity Unleashed,"](#) All-Humanity Newsletter, Mind Body Solutions, September.
- ["Sculptural Basketry: willow"](#) (excerpt), Molly Nemer (videographer), Anderson Center at Tower View, Red Wing, MN, August 20.
- [Textiles on the Town](#) (Member News), Textile Center, August 8.
- ["Martha Bird Builds with Patrick Dougherty,"](#) Kent Withington (videographer), MN Landscape Arboretum, May.
- Login Page ["Featured art: The Beauty of Grieving is Born from the Beauty of Loving,"](#) Procentive, February 1.
- ["Holistic Practice: A Nurse and Her Art,"](#) Bio-Medical Library, University of MN, January 28.

- Rachel Jacob, "[Cultivating Awareness, Resilience, Mindfulness and Agility](#)" (art photo), Frontline Initiatives, 15 (2).
 "How to weave a willow sphere" [Online Course Testimonial](#) (with photos), United Kingdom.
- 2018 "[Artist Talk](#)," Jes Reyes (videographer), MN History Center, St. Paul, MN. September 25.
 Login Page "[Featured art: Chakra Burst](#)," Procentive, May 2.
 "[Artist Lecture: Reclaiming Basketry trailer](#)," Eric Santwire (videographer), Kaddatz Galleries, Fergus Falls, MN, March 20.
 Kristin Goosen, "[Learning the Perigord Technique](#)" *Daily Journal*, Fergus Falls, MN, March 17.
 "[To Really See Opening Remarks: Jes Reyes and Dr. Paul Ranelli](#)," Bio-Medical Library, University of MN, February 1.
- 2017 "[Makers' Hands](#)" (3 process photos), Marilyn Lamoreux Photography, November.
 "[WARM Artist Talk](#)," Jes Reyes (videographer), The Show Gallery, St. Paul, MN. November 11.
 "[NBO MTC2 Slide Show](#)," National Basketry Organization, November 7.
 "[MBWG-20th Anniversary Textile Center Exhibit 2017](#)," *Spokes and Weavers*, October 21(4). 8-12.
 "[Learn About Vail Place Over Breakfast](#)," The Weekly Liberal, First Universalist Church, October 4(41).
 "[To Really See Exhibition](#)" (minute 5:20), Jes Reyes (videographer), Hennepin County Library—Minneapolis Central, Minneapolis, MN. August.
 "[A Common Thread Series 7-UP](#)," Textile Center.
 "Martha is an Artist. Period," Avivo, May.
 "Water's Edge," Chance Wellnitz (videographer), Minnesota Daily, April 28.
 "[Member Profile: Martha Bird](#)," Vail Place. April 19.
 Chance Wellnitz, "[Spectrum ArtWorks Uses Art to Change the Dialogue on Medication](#)," University of MN, April 10.
 "[Vail Place Member's Exhibit at New Art Show Debuting in April](#)," Vail Place. April 5.
 "News," Artists' Pipeline, VSA Minnesota, March.

BLOGS

- 2022 "[Basketry Tools & Blacksmiths](#)," *Ms Caitlin's School of Blacksmithing*. February 3.
- 2021 Susan Hensel, "[Willow in Motion](#)," *Susan Hensel Projects*. November 14.
 "[Martha Bird is a professional artist](#)," *Avivo LinkedIn*, August 12.
 "[Martha Bird, HNB-BC—credited for the idea of AHNCC Certification Logos](#)," *AHNC*. March 18.
 "[Artist Talk: Martha Bird in Woven](#)," *National Basketry Organization*. February 8.
- 2020 Carol Eckert, "[Extended](#)," *Contemporary Basketry*, December 23.
 Susan Hensel, "[A maker of traditional and sculptural basketry](#)," *Susan Hensel Projects*. June 17.
- 2019 "[Martha Bird Exhibits](#)," *National Basketry Organization*. September 24.
 "[Forest Breathes & Listen](#)," *Adapt This*. Mind Body Solutions. August.
 "[Martha Bird](#)," *National Basketry Organization*. June 12.
- 2018 "[Martha Bird at MN History Center Library Gallery](#)," *National Basketry Organization*. September 23.
 "[2018 Exhibit Room](#)," *Association of Michigan Basketmakers*, October.
- 2017 "[Braided Curves](#)," *Adapt This*. Mind Body Solutions. April 8.
 "[Rope Coil Basket](#)," *Mn Artists*, August 28.

PUBLICATIONS AS AUTHOR

- 2017-present "An Artist's Update" (quarterly e-newsletter), www.MarthaBirdArt.com
- 2019 "Basket-Weaving Crafts" (review quote), Fox Chapel Publishing. East Petersburg, PA.
- 2018 "From MI to MN...And Now Writing Back to MI," *Impressions*, Artability, October.
"From MI to MN...and Reaching Back Again," *Impressions*, Artability, October.
"From MN to Ireland... and Back Again," *Impressions*, Artability, October.
"From MI to MN History Center," *Basket Reeder* MMXVIII (1). (commission)
"From MI to MN History Center," *Spokes and Weavers*, April (2).
- 2017 "Shedding the Old, Moving into the New," *The Flashlight*, Avivo ArtWorks, Winter.
"Shedding the Old, Moving into the New," *Impressions*, Artability, October.
"Shedding the Old, Moving into the New," *Transformations: The First Book of Strobel Drop-In*.
"From Minnesota to Ireland...and Back Again (Part 3)," *Basket Reeder*, MMXVII (3). (commission)
"From Minnesota to Ireland...and back again (Part 2)," *Irish Basketmakers Association*, December.
"From Minnesota to Ireland...and back again (Part 1)," *Irish Basketmakers Association*, August.
"Summer Whirlwind: Art, Travel and Basketweaving," *Vail Place Visionary Journal*, 2(10).
"From MI to MN....and Reaching Back Again (Part 2)," *Basket Reeder* MMXV11 (2). (commission)
"From MI to MN....and Reaching Back Again (Part 1)," *Basket Reeder* MMXV11 (1). (commission)
"Unfolding Like an Artichoke," Martha Bird.
"Craft into Art—a Century of (R)evolution" (title from 2017 NBO basketry conference), Martha Bird.
"Ireland Art Journey June 2017," Martha Bird.
- 2016 "This is Where I Stand," *Impressions*, Artability, October.
"Springtime Ritual," *Impressions*, Artability, October.
"Living and Breathing" (photovoice, SHE Project), Martha Bird.
"The Phoenix: Works of Art," Martha Bird.
- 2015 "Big Love," *Impressions*, Artability, October.
"Storm Chaser: Oh Wild One," *Impressions*, Artability, October.
"Just As Long As I Have Breath, I Must Answer 'Yes' To Life," *Impressions*, Artability, October.
"Art Work for the Journey July 2013 to December 2015," Martha Bird.
- 2013 "My Ethical Will," LivingWisely (formerly Celebrations of Life)
- 2009 "Landscape of Life," *Impressions*, Artability, October.
- 2008 "A Piece of Cake—Part 1 & 2," *Impressions*, Artability, October.
"I Believe," *Impressions*, Artability, October.
- 2007 "A Piece of Cake—Part 1 & 2," *A Collection of Student Readings from the Loft*, Fall.
- 2006 "The Meaning of Spring," *Impressions*, Artability, October.
"Search," *Impressions*, Artability, October.
"Labyrinth," *Impressions*, Artability, October.
"Hope," *Impressions*, Artability, October.
"Hyacinth," *Impressions*, Artability, October.
- 2002 "Pleasure, Passion, and Play: A Pleasure Based Wellness Model," St. Mary's University, MN.

TEACHING and MENTORING

- 2022 *Willow Preparation/Gathering*, Eagle Bluff Environmental Learning Center, Lanesboro, MN, August 27.
Brigid's Cross, Sylvan Park, Lanesboro, MN, August 23.
Individualized Teaching: Basketry/Weaving, (1 individual), Eagan, MN, 7 sessions in May.
Mindful Art: Basketry, Vail Place, Minneapolis, MN, March 10, April 14, May 12, June 9, July 14, August 11, September 15, October 13, November 10
Mentoring, Artist Career Support (photographer, painter [2], multimedia [2])
- 2021 *Mindful Art*, Vail Place, Minneapolis, MN, September 30, October 26, December 30.
Brigid's Cross: Symbol of Protection, Red Hot Art Festival, Minneapolis, MN, July 11.
Artsy Photography, Strobel Drop-In Center, Plymouth Church, Minneapolis, MN, July 7.
Embroidery: A Stitch in Time, Avivo ArtWorks, May 14.
Mentoring, Artist Career Support, (fashion photographer, digital illustrator), Minneapolis, MN
- 2020-22 Mentoring, Artist Career Support, (fiber artist), Minneapolis, MN
- 2020 Mentoring, Basketry, Minneapolis resident (Lakota), Minneapolis, MN, June-November.
Mentoring, Basketry, (suburban park district staff), Eagan, MN
- 2019 *Winter Wellness: Basketry*, Hennepin County Library—East Lake, Minneapolis, MN, December 29.
Brigid's Cross, Nature-Based Therapeutic Services, Minnesota Landscape Arboretum & Earl E. Bakken Center for Spirituality & Healing, University of MN, Chaska, MN, November 6.
Boost Your Health, Create With Your Hands, Koinonia Retreat Center, Annandale, MN, April 13.
Let's Make (needle felting), American Craft Council, RiverCenter, St. Paul, MN, April 5.
- 2017 Mentoring, Artist Career Support, (fiber artist, furniture maker), Minneapolis, MN
- 2016 *Blackout Poetry*, Artist Way Retreat, Plymouth, MN, September 17.
Creative Journaling, Artability, People Inc., Minneapolis, MN, August 20.
Mandala Mobiles, Koinonia Retreat Center, Annandale, MN, April 16.
- 2007-08 Our Whole Lives (grades 7-12), First Universalist Church, Minneapolis, MN

PRESENTATIONS, ARTIST TALKS, and PANELS

- 2022 Presentation & Discussion, *Basketry*, St. Mane Theater, Lanesboro, MN, August 20, September 8.
Artist Talk, Lanesboro Arts, Lanesboro, MN, August 16.
Artist Talk, *Eye to Eye*, First Birthday Bash Fundraiser for Fresh Eye Gallery, Minneapolis, MN, July 9.
Artist Talk, *Two Hundred Six*, Art at the Bridgewater, Minneapolis, MN, May 2.
- 2021 Artist Talk, *Rooted Reckonings*, Kaddatz Galleries, Fergus Falls, MN, June 19.
Artist Talk, *Frame of Reference*, Avivo ArtWorks, Minneapolis, MN, June 11.
Presentation, *Addressing Stigma: Reclaiming Basketry*, Avivo, Minneapolis, MN, May 4.
Artist Talk, *Woven*, Artistry, Bloomington, MN, February 9.
Artist Talk, *Art out of the Minneapolis 2020 Uprising*, Avivo ArtWorks, Minneapolis, MN, January 22.
- 2020 Panel, *Fundraising in a Crisis Like COVID*, USA Clubhouse Conference, October 8.
Presentation, *Meditation on Mental Health*, First Universalist Church, Minneapolis, MN, October 7.
Artist talk & Studio Tour, *Observation: The Human Form*, Art Works, Eagan, MN, September 20.
Artist Talk, *Momentary Certainties*, Eagan Art House, Eagan, MN, September 20.
- 2019 Presentation, *Winter Wellness: Basketry*, Hennepin County Library—East Lake, Minneapolis, MN, December 29

- Presentation, *Reclaiming Basketry: Working Through Stigma To Reach Creative Potential* various locations:
 Plymouth Church, Minneapolis, MN, December 8.
 7500 York Cooperative, Edina, MN, November 14.
 Otter Tail County Historical Museum, Fergus Falls, MN, September 21.
 Anderson Center at Tower View, Red Wing, MN, August 20.
 Fuller Craft Museum, Brockton, MA, July 13 (in conjunction with *Rooted, Revived, Reinvented: Basketry in America* exhibit)
 Artist Talk/Studio Tour, *Sculptural Basketry*, Anderson Center Tower View, Red Wing, MN, August 20.
 Presentation, *Basket Weaving for Healing PTSD in Veterans: History, Research and Resources*, Veterans Administration Hospital, Minneapolis, MN, May 14.
 Presentation, *Boost Your Health, Create With Your Hands*, Koinonia Retreat Center, Annandale, MN, April 13.
 Artist Talk, *United Practice*, University of MN, Minneapolis, MN, March 14.
- 2018 Presentation, *Reclaiming Basketry: Working Through Stigma to Reach Creative Potential* various locations:
 Program in Occupational Therapy, Center for Allied Health Programs, University of MN , Minneapolis, MN December 12; Rochester, MN, December 13.
 Association of Michigan Basketmakers Convention, Bellaire, MI, October 24.
 Minnesota Historical Society, Minnesota History Center, St. Paul, MN, October 9.
 Health Counseling Services, Minneapolis, MN, September 10.
 AUW, Koinonia Retreat Center, Annandale, MN, April 14.
 Kaddatz Galleries, Fergus Falls, MN, March 20.
 Society of Arts + Crafts, Boston, MA, March 31.
 Presentation, *Basketry: Beyond Stigma*, Vail Place, Minneapolis, MN, January 16.
 Co-Presentation, *This is Us* Mental Health, First Universalist, Minneapolis, MN, October 7.
 Artist Talk, Minnesota History Center, St. Paul, MN, September 25.
 Artist Talk, *Having Resilience*, Unity Church-Unitarian, St. Paul, MN, August 12.
 Artist Talk, Catherine G. Murphy Gallery, St. Catherine University, St. Paul, MN, July 22.
 Co-Presentation, *An Evening with the Writers of Strobel Drop-In Center*, Minneapolis, MN, May 31.
 Artist Talk, Kaddatz Galleries, Fergus Falls, MN, March 20.
 Artist Talk, Kaddatz Galleries, Fergus Falls, MN, March 13.
 Presentation, *Prescription Bottle with Marbles in it* (read by Jes Reyes), Cargill Gallery, Hennepin County Library—Minneapolis Central, Minneapolis, MN, February 1.
 Artist Talk, Minnesota Orchestra, Minneapolis, MN, January 14.
 Presentation, *Art Journey: Minnesota To Ireland*, Plymouth Church, Minneapolis, MN, January 10.
- 2017 Artist Talk, The Show Gallery, St. Paul, MN, November 11.
 Co-Presentation, *Collage of Voices* Mental Health, First Universalist, Minneapolis, MN, October 1.
 Panel, *To Really See*, Hennepin County Library—Central, Minneapolis, MN, September 27.
 Presentation, *Art and Ireland*, Vail Place, Minneapolis, MN, September 14.
 Curator Presentation, *Water's Edge*, Minnesota Landscape Arboretum, Chaska, MN, April 29.
 Co-Presentation, Mental Health Ministry, St. Joan of Arc, Minneapolis, MN, April 10.
 Co-Presentation, Strobel Drop in Center, Plymouth Church, Minneapolis, MN, March 23.
 Co-Presentation, *Flashlight Reading*, Avivo, Minneapolis, MN, March 17.
 Presentation, *Service Dog Etiquette*, AKC Dog Show, St. Paul, MN, January 6.
- 2016 Panel, *Storytelling Through Visual Art: A Panel Discussion*, Zagzum Conference for Visual Artists With a Lived Experience of Mental or Physical Disability, Minneapolis, MN, September 10.
 Presentation, *Understanding Service Animals*, Vail Place, Minneapolis, MN, March 16.

- Presentation, *Clubhouses in Hawaii*, Vail Place, Minneapolis, MN, February 23.
- 2014 Co-Presentation, *Telling Our Legacy Story*, AUW, Minneapolis, MN, January 3 and November 19.
Co-Presentation, Boneshaker Books, Minneapolis, MN, March 7.
- 2013 Presentation, *Ethical Will of Martha Bird*, First Universalist Church, Minneapolis, MN, December 14.
- 2012 Presentation, *Ethical Will of Martha Bird*, Animal Humane Society, Golden Valley, MN, October 11.
- 2003 Presentation, *Tax Information for Independent Contractor*, Health Counseling Services, Minneapolis, MN
Co-Keynote Presentation, *Pleasure, Passion, and Play: A Pleasure Based Wellness Model*, AUW, Annandale, MN, April 10.
- 2002 Presentation, *Pleasure, Passion, and Play: A Pleasure Based Wellness Model*, St. Mary's University, Minneapolis, MN, May 10.

PERFORMANCES

- 2020 *Stories of Humor, Hope and Healing*, History Theater, St. Paul, MN, February 19.
- 2019 *Stories of Humor, Hope and Healing*, History Theater, St. Paul, MN, February 19.
- 2018 *Creativity & Mental Health Recovery*, History Theater, St. Paul, MN, February 13.
- 2016 *A Rare and Revealing Look at Mental Illness*, History Theater, St. Paul, MN, December 14.
- 2013 *50th Birthday Bash* (West Coast Swing; Waltz), Minneapolis, MN, December 14.

ART DEMONSTRATIONS

- 2022 Lanesboro Arts Artist-in-Residence, Lanesboro Farmers Market, Lanesboro, MN
- 2021 *CollabArts Vol.3*, Springboard for the Arts, St. Paul, MN
- 2017 *Fiber Festival*, North Star Farm Tour, Windswept Hill Farm & Studio, Farmington, MN

CURATORIAL

- 2018 *Weaving Wellness: Art, Community, and Mental Health Resilience*, MN History Center, St. Paul, MN
- 2017 *Water's Edge*, Minnesota Landscape Arboretum, Chaska, MN
Divergent Offerings, The Show Gallery, St. Paul, MN (co-curated with Women's Art Resources of MN & Avivo ArtWorks Collective)

JURY PANELS

- 2022 Metro Regional Arts Council, Minneapolis, MN, *Arts Impact for Groups*
- 2021 Metro Regional Arts Council, Minneapolis, MN, *Flexible Support Grant Round 3*
Metro Regional Arts Council, Minneapolis, MN, *Flexible Support Grant Round 2*

2020 Metro Regional Arts Council, Minneapolis, MN, *Flexible Support Grant Round 1*

2019 Minnesota State Arts Board, St. Paul, MN, *Artist Initiative Grant*

RELEVANT EXPERIENCE

2018-present Subject Matter Expert and Curriculum Review (Basketry), Scouts BSA
Merit Badge Counselor (Basketry and Disability Awareness), Scouts BSA

2022 Expert Review Panelist, American Holistic Nurses Credentialing Corporation

2020 Cultural exchange partnership with individual (Lakota), Minneapolis, MN
Lead, Public Installation Mural Artist, *2020, Avivo*, Minneapolis, MN

2019 Volunteer, *YouBetcha*, Patrick Dougherty Sculpture (5 days), MN Landscape Arboretum, Chaska, MN
Singer, Choir, Brianna Lane *Our Bodies Carry a Song*, Cedar Cultural Center, Minneapolis, MN

2018-19 Lead, Public Installation Mural Artist, *Beehive*, Avivo, Minneapolis, MN

2018 Subject Matter Expert (Basketry), JW Powell Collection, USGS Museum, Reston, VA
Singer, Rising Choir, Lynn O'Brien *Rising* album, Minneapolis, MN

2017-20 Organizer, Mental Health Service, First Universalist Church, Minneapolis, MN

2017 Art Advocate, expanded show to include basketry sculpture, Artability, People Inc., Minneapolis, MN

2016 Organizer, JFCS Mental Health Conference Resource Fair & Artability, Minneapolis, MN
Organizer, JFCS Mental Health Conference & Avivo ArtWorks, *Photovoice*, Minneapolis, MN
Mental Health Advocate, Mental Health Connect & First Universalist Church, Minneapolis, MN
Grassroots Organizer, Mental Health Connect Collaborative, First Universalist, Minneapolis, MN
Dancer, *Vital Matters Donor Film*, Vital Matters Dance Festival, Minneapolis, MN

2015-16 Member, Artist's Way group, Minneapolis, MN

2014 Art Project Manager, First Universalist Church, Minneapolis, MN

2006 Walker Art Lab Volunteer, *UnCommon Senses* (4 weeks), Walker Art Center, Minneapolis, MN

2003-07 Member, 26th Street Artists: Pre-vocational Creative Arts Program, Avivo, Minneapolis, MN
Art Program Volunteer, Interact Center for the Visual and Performing Arts, Minneapolis, MN
Participant Artist, Interact Center for the Visual and Performing Arts, Minneapolis, MN

2003 Creator, *Twin Cities Mental Health Resources* manual, First Universalist Church, Minneapolis, MN

2001 Committee Member, Complementary Medicine Committee, Allina Hospital, Minneapolis, MN

1999-2013 Dancer, Social Dance (Salsa, West Coast Swing, Waltz, Scandinavian), Minneapolis, MN

MENTORSHIPS

- 2022 Performance Development Mentor, Amy Salloway, Off-Leash Area, Minneapolis, MN
- 2021-22 Creative Industry Mentor, MPLS MadWomen, Erika Mayerle, SVP, Group Account Director at Wildtype, TBWA/Worldhealth, New York, NY
- 2019-21 Photography Mentor (Art Documentation), Gil Dignen, Minneapolis, MN
- 2018-21 Small Business Mentor (Writing a Business Plan, Small Business Consultation), Andy Sturdevant, Artist Resource Director, Springboard for the Arts, St. Paul, MN
- 2016-21 Art Career Mentor, Jes Reyes, Program Supervisor, Avivo ArtWorks
- 2018-19 Art Mentor, Pat Hickman, Professor Emerita of Fiber Arts, University of Hawaii
Photoshop Mentor, Dennis Madamba, Resource Coordinator, Springboard for the Arts, St. Paul, MN
- 2019 Business Mentor, SCORE, Minneapolis, MN
Financial Management for Small Business Mentor, *QuickBooks*, Randy Morris, Fiscal Foundations, MN

CONTINUING EDUCATION: INDIVIDUAL and GROUP INSTRUCTION

- 2022 *Visual Storytelling: Creating Sequential Art* (9 hrs), Christi Furnas, Fresh Eye Gallery, Minneapolis, MN
Storytelling Memoirs (3 hrs), Beverly Cottman, Pillsbury House Theater, Minneapolis, MN
Writing Love Letters to Ourselves (2 hrs), Saymoukda Vongsay, Friends of the St. Paul Public Library.
Digital Storytelling (10 hrs), Kelley Meister, COMPAS & Avivo, Minneapolis, MN
- 2021-22 *Weaving Water: Fiber Art and Indigo Monthly Workshops* (14 hours), Sarah Nassif & Mississippi Watershed Management Organization, Minneapolis, MN
- 2021 *Free-Writing* (2 hrs), Nate Johnson, Minneapolis, MN
Handsewn Plushies: Fabric Friends (2 hrs), Samantha Leopold-Sullivan, Minneapolis, MN
Feeding Connection With Postcard Art (2 hrs), Esther Seha, Minneapolis, MN
Developing Your Voice through Spoken Word (10 hrs), Desdamona, COMPAS & Avivo, Squirrel Haus Arts, Minneapolis, MN
Building an Embroidery Sketchbook: Foundational Stitches (3 hrs), Kelsey McGregor, Textile Center, Minneapolis, MN
CaldtoArt Paint Time (2 hrs), Kenneth Caldwell, Minneapolis, MN
Hot Metal Hearts: Aluminum Casting (2 hrs), Sarah Dorau & Cassi Rebman, Minneapolis, MN
Art-Train: National Training for artists to be key collaborators with organizations on critical community issues (3 hrs), Springboard for the Arts & Center for Performance and Civic Practice
Work of Art Intensive (18 hrs), Adia Morris Swanger, Naomi RaMona Schliesman, Springboard for the Arts, St. Paul, MN
Glass Weave (4 hrs), Janelle Wilson, Glass Endeavors, Minneapolis, MN
Addressing Stigma in Mental Illness in Ourselves and Others through Discussion and Art (13 hours), Kimberly Laudert, Minneapolis, MN
Photography Club (12 hrs), Mica Lee Anders, COMPAS & Avivo, Minneapolis, MN
Whisk Broom Making (3 hrs), Marybeth Garmoe, MN Basket Weaver's Guild
Flo Hoppe's Four Sea Wave Flower Basket (5 hrs), Debbie Johnson, MN Basket Weaver's Guild
Making a Deerhide Drum (4 hrs), Michael Norcross (Dakota), Avivo, Minneapolis, MN

- Jeannie's Wish Basket* (3 hrs), Pam Whitcomb, MN Basket Weaver's Guild
Study the Artist (Charles McGee, Pearl Primus) (2 hrs), Avivo Artworks
Exploring Cattails (2 hrs), Reba Luiken, MN Basket Weaver's Guild
- 2020-21 *Drawing Club* (6 hrs), Katrina Knutson, COMPAS & Avivo
- 2020 *Breathing Baskets* (6 days), Pat Hickman, North Country Studio Workshops, Bennington, VT
Gathering Wild Willow (2 hrs), Debbie Johnson, Lake Hiawatha, Minneapolis, MN
Symbol of Life Journal (2 hrs), Rebekah Christana de Ybarra & Petra Perez, Hennepin County Library—East Lake, Minneapolis, MN
Mexican Petates Weaving (2 hrs), Rebekah Christana de Ybarra & Petra Perez, Hennepin County Library—East Lake, Minneapolis, MN
Theatre/Storytelling (15 wks), Annie Enneking & Brian Grandison, Vail Place, Minneapolis, MN
The Empowered Artist Summit (24 hrs), Pollyanna Bush
Healing Arts Group (6 hrs, virtual), Artability, People Inc.
Choosing a Dead (Art) Mentor (3 hrs), Georgia Greeley, MN Center for Book Arts, Minneapolis, MN
Combating Social Isolation: Artists Respond Minne-mural (2 hrs, virtual), Cindy Kolling
The Making of a Creative Life (2 hrs, virtual), Carol Ratchenski, Center for Compassion and Creativity
- 2019 *Sculptural Fibers: Open and Closed Forms* (5 days), Ann Coddington, Textile Center, St. Paul, MN
Hex Paper Weavings (4 days), Jackie Abrams, National Basketry Organization, Bowling Green, KY
Decorative Ash Basketry (3 days), Clyde Estey (Ojibwe), North House Folk School, Grand Marais, MN
Willow Weekend in the Amana's (3 days), Joanna Schanz, Amana, IA
How to Weave a Willow Sphere (9 hrs, virtual), willowtwisters.com
Photography: DSLR 1 (6 hrs), Gil Dignen, Minneapolis, MN
Theatre/Storytelling (15 wks), Annie Enneking & Brian Grandison, Vail Place, Minneapolis, MN
Painted Collage Flowers (4 hrs), Teresa Cox, COMPAS & Avivo, Minneapolis, MN
Talking Suitcases (4 hrs), Susan Armington, COMPAS, Koinonia Retreat Center, Annandale, MN
Shibori Dyeing (3 hrs), Pam Whitcomb, Artability, People Inc., Minneapolis, MN
Mosaic Art (3 hrs), Sharra Frank, COMPAS & Avivo, Minneapolis, MN
Black Ash Basket Cooking (2 hrs), April Stone, (Ojibwe), North House Folk School, Grand Marais, MN
Rangoli Sand Painting (2 hrs), Shakun Maheshwari, COMPAS & Avivo, Minneapolis, MN
Self Portraits (2 hrs), Katrina Knutson, COMPAS & Avivo, Minneapolis, MN
Creative Movement (2 hrs), Karla Nweje, COMPAS & Avivo, Minneapolis, MN
Theater Class (2 hrs), Aimee Bryant, COMPAS & Avivo, Minneapolis, MN
Website Basics (3 hrs), MN Regional Arts Council, St. Paul, MN
The Healing Power of Arts (2hrs), PechaKucha, Minneapolis, MN
Caring Science, Mindful Practice (4 weeks), Holistic Nursing Professional Development, canvas.net
Four Seasons of the Ojibwe Harvest (2 hrs), Greg Johnson (Ojibwe), Grand Marais, MN
Social Media (1 hr), Amy Danielson, MN Regional Arts Council, St. Paul, MN
- 2018 *Openings: Netting and Looping* (2 days), Pat Hickman, Textile Center, Minneapolis, MN
New York, New York Purse (8 hrs), Ellie Lida, Textile Center, Minneapolis, MN
Divided Flatware Basket (7 hrs), Sharon McElroy, Association of MI Basketmakers, Bellaire, MI
Theatre/Storytelling (15 wks), Annie Enneking & Brian Grandison, Vail Place, Minneapolis, MN
Miniature Shaker Woodchip Basket (7 hrs), Joann Catsos, Assoc. of MI Basketmakers, Bellaire, MI
Eye Glass Holder (4 hrs), Eric Taylor, Association of Michigan Basketmakers, Bellaire, MI
Needle Felting (3 hrs), Pam Whitcomb, Artability, People Inc., Minneapolis, MN
Soft Pastels (3 hrs), Lizbeth Brown, Artability, People Inc., Minneapolis, MN
Sweetgrass Harvesting (2 hrs), Paula Sundet Wolf, North House Folk School, Grand Marais, MN

- Live Model Figure Drawing* (1.5 hrs), Kaddatz Galleries, Fergus Falls, MN
Willow Deer (1 hr), Dianne Rowse, Koinonia Retreat Center, Annandale, MN
A Dose of Art: Promoting Healing and Wellness (4 hrs), U of MN/Hennepin Theater, Minneapolis, MN
Sweetgrass Basketry with Henrietta Snype (2 hrs, lecture), Minneapolis Institute of Arts, MN
- 2017
- Step By Step Willow Rib Style Basketry* (5 days), Jo Amsler, Peters Valley School of Craft, Layton, NJ
The Wonders of Willow Bark (5 days), Judy Zugish, John Campbell Folk School, Brasstown, NC
Fiber Art Studio Study (4 day) Cheryl Cobern Browne, Mulranny, Ireland
The Sculptural Form (4 days), Barbara De Pirro, National Basketry Organization, Tacoma, WA
Irish Willow Basketry (3 day one on one), Paul Finch, Tipperary, Ireland
Irish Willow Basketry (3 day one on one), Barry Noyce, Birr, Ireland
Irish Willow Basketry (3 day one on one), Vincent McCarron, Inis Mor, Aran Islands, Ireland
Black Ash Hexagonal (2 days), April Stone (Ojibwe), Women's Wood Shop, Minneapolis, MN
Sweetgrass Basketry (2 days), Paula Sundet Wolf, North House Folk School, Grand Marais, MN
Irish Willow Basketry (1 day one on one), Ciaran Hogan, Spiddal, Ireland
Expressive Weaving (9 hrs), Artability, People Inc., Minneapolis, MN
Oval Sieve Willow Basketry (8 hrs), Jo Campbell-Amsler, Textile Center, Minneapolis, MN
Trifecta Basket (5 hrs), Jo Guttormson, Textile Center, Minneapolis, MN
Personal Fiber Art Stories (4 hrs), Heather Tinkham, MN Landscape Arboretum, Chaska, MN
Ikebana: Japanese Flower Arranging (3 hrs), Yoshie Babcock, MN Landscape Arboretum, Chaska, MN
Self Portrait (3 hrs), Gail Harbeck, Artability, People Inc., Minneapolis, MN
Self Portrait (3 hrs), Artability, People Inc., Minneapolis, MN
Stone Balancing (3 hrs), Peter Juhl, MN Landscape Arboretum, Chaska, MN
How to use colors: Acrylic painting (3 hrs), Gail Harbeck, Artability, People Inc., Minneapolis, MN
Gel Plate Printmaking (2 hrs), Corilyn Wagner, Artability, People Inc., Minneapolis, MN
Tapestry (2 hrs), Crafty MN, Textile Center, Minneapolis, MN
Omiyagi Pouch (2 hrs), Crafty MN, Textile Center, Minneapolis, MN
Birch Bark Sheath (2 hrs), Beth Homa Kraus, North House Folk School, Grand Marais, MN
Seed Chimes (2 hrs), Camp Knutson, Crosslake, MN
Fused Glass Pendant (2 hrs), Glass Endeavors, Minneapolis, MN
Wool Roving Angel (2 hrs), Wendy Wustenberg, Windswept Hill Farm, Farmington, MN
Paper Making (2 hrs), Libby London, Artability, Minneapolis, MN
How to Photograph your Artwork (1.5 hrs), Textile Center, Minneapolis, MN
Wellness and your Studio Practice (1 hr), Missy Graff, Peters Valley School of Craft, Layton, NJ
Work of Art: Business Skills for Artists (Portfolio Kit), Anna Metcalfe, Springboard for the Arts, MN
Work of Art: Business Skills for Artists (Grantwriting), Adia Swanger, Springboard for the Arts, MN
Work of Art: Business Skills for Artists (Pricing), Adia Swanger, Springboard for the Arts, MN
Work of Art: Business Skills for Artists (Funding), Anna Metcalfe, Springboard for the Arts, MN
- 2016
- Woven Cathead Basket* (26 hrs), Jackie Abrams DVD class
Japanese Saori Weaving (12 hrs), Chiaki O'Brien, Chaska, MN
Creative Journaling (10 hrs), Corilyn Wagner, Artability, People Inc., Minneapolis, MN
Dreamcatcher (3 hrs), Trina (Native American), Annandale, MN
Theatre/Storytelling (15 wks), Annie Enneking & Brian Grandison, Vail Place, Minneapolis, MN
Figure Drawing (2 hrs), Corilyn Wagner, Artability, People Inc., Minneapolis, MN
Charcoal Nature Drawing (2 hrs), Corilyn Wagner, Artability, People Inc., Minneapolis, MN
Textural Drawing (2 hrs), Corilyn Wagner, Artability, People Inc., Minneapolis, MN
Block Printing (2 hrs), Crafty MN, Textile Center, Minneapolis, MN
Needle Felted Animal (2 hrs), Crafty MN, Textile Center, Minneapolis, MN
Artist Statement Workshop (1.5 hrs), Altered Esthetics, Minneapolis, MN

Work of Art: Business Skills for Artists (Recordkeeping), Adia Swanger, Springboard for the Arts, MN

- 2015
- Creative Alternatives* (10 hrs), Kim Gillespie, Articulture, Minneapolis, MN
 - Patterns & Illusions* (10 hrs), Abbey Kleinert, Articulture, Minneapolis, MN
 - Crash Course on Color* (6 hrs), Corilyn Wagner, Artability, People Inc., Minneapolis, MN
 - Intro to Illustration* (4 hrs), Corilyn Wagner, Artability, People Inc., Minneapolis, MN
 - Art of Myth* (4 hrs), Joy Spika, Articulture, Minneapolis, MN
 - Clay Sculpture* (4 hrs), Mike Conroy, Artability, People Inc., Minneapolis, MN
 - Zentangle* (4 hrs), Corilyn Wagner, Artability, People Inc., Minneapolis, MN
 - Printmaking* (4 hrs), Corilyn Wagner, Artability, People Inc., Minneapolis, MN
 - Creative Expression Acrylics* (4 hrs), Gail Harbeck, Artability, People Inc., Minneapolis, MN
 - Mosaics* (4 hrs), Thea Kimman, Avivo, Minneapolis, MN
 - Woodworking: Walking Stick* (3 hrs), Kevin Dahlen, Annandale, MN
 - Watercolor (Gouache)* (2 hrs), Mike Conroy, Artability, People Inc., Minneapolis, MN
 - Creative Expression Acrylics* (2 hrs), Gail Harbeck, Artability, People Inc., Minneapolis, MN
 - Wood Burning* (2 hrs), Joseph Conlin, Artability, People Inc., Minneapolis, MN
 - Poetry* (2 hrs), Artability, People Inc., St. Paul, MN
 - Pastels* (2 hrs), Artability, People Inc., Minneapolis, MN
 - Paper Art* (2 hrs), Corilyn Wagner, Artability, People Inc., Minneapolis, MN
 - Charcoal* (2 hrs), Mike Conroy, Artability, People Inc., St. Paul, MN
 - Watercolor Landscape* (2 hrs), Avivo, Minneapolis, MN
 - Sandbag Tree* (2 hrs), Debbie Cash, Koinonia Retreat Center, Annandale, MN
- 2014
- Mosaics* (10 hrs), Connie Cohen, Articulture, Minneapolis, MN
 - Inside Outside* (10 hrs), Kyra Schugt, Articulture, Minneapolis, MN
 - Art of Print* (10 hrs), Gina Gaetz, Articulture, Minneapolis, MN
 - Journaling Through Photography* (10 hrs), Lauren Oland, Articulture, Minneapolis, MN
 - Unconventional Artist* (10 hrs), Lauren Oland, Articulture, Minneapolis, MN
 - Japanese Saori Weaving* (12 hrs), Chiaki O'Brien, Chaska, MN
 - Eco Fashion Redesign* (8 hrs one on one), Lauren Oland, Minneapolis, MN
 - Fabric Collage* (4 hrs), Koinonia Retreat Center, Annandale, MN
 - Zentangle* (2 hrs), Artability, People Inc., Minneapolis, MN
 - Charcoal* (2 hrs), Gail Harbeck, Artability, People Inc., Minneapolis, MN
 - Cross Stitch* (2 hrs), Crafty MN, Textile Center, Minneapolis, MN
 - Crocheted Flowers* (2 hrs), Crafty MN, Textile Center, Minneapolis, MN
- 2013
- Drawing and Painting Studio* (10 hrs), Lauren Oland, Articulture, Minneapolis, MN
 - Art of Print* (10 hrs), Lauren Oland, Articulture, Minneapolis, MN
 - Fabric dye/design/sew* (8 hrs) Lauren Oland, Textile Center, Minneapolis, MN
 - Glass Fusing* (3 hrs), Connie Beckers, Goddess of Glass, Minneapolis, MN
 - Mosaics* (2 hrs), Artability, People Inc., Minneapolis, MN
 - Watercolor* (2 hrs), Artability, People Inc., Mounds Theater, St. Paul, MN
 - It's a Wrap: Knitting* (2 hrs), Crafty MN, Textile Center, Minneapolis, MN
 - Wet Felting with Bamboo Fibers* (2 hrs), Crafty MN, Textile Center, Minneapolis, MN
 - Omiyagi Envelopes* (2 hrs), Crafty MN, Textile Center, Minneapolis, MN
 - Retro Macrame* (2 hrs), Crafty MN, Textile Center, Minneapolis, MN
 - Kumihimo Bracelets* (2 hrs), Crafty MN, Textile Center, Minneapolis, MN
 - Mandalas* (2 hrs), Lynn O'Brien, First Universalist Church, Minneapolis, MN
 - Knitting Continental* (2 hrs), Steven Be's, Minneapolis, MN
 - Knitting, Beginning* (2 hrs), Steven Be's, Minneapolis, MN

- Knitting Next Steps* (2 hrs), Steven Be's, Minneapolis, MN
- 2012-15 Social Dance lessons (West Coast Swing, Salsa, Scandinavian, Waltz), MN
- 2012 *Visual Journaling* (10 hrs), Lauren Oland, Articulture, Minneapolis, MN
Stained Glass (5 hrs), Thea Kimman, Avivo, Minneapolis, MN
Painting: Tree of Circles (4 hrs), Painting Pub, Maple Grove, MN
Claymation: Monsters (4 hrs one on one), Anjee Mai, Claymate Creations, Minneapolis, MN
Hang It Up: Stencils (4 hrs), Crafty MN, Textile Center, Minneapolis, MN
Oil Painting (2 hrs), Artability, People Inc., Mounds Theater, St. Paul, MN
Reverse Applique (2 hrs), Crafty MN, Textile Center, Minneapolis, MN
Fashion Forward Scarves (2 hrs), Crafty MN, Textile Center, Minneapolis, MN
Fairy Lights (2 hrs), Crafty MN, Textile Center, Minneapolis, MN
Handcrafted Creatures (2 hrs), Crafty MN, Textile Center, Minneapolis, MN
- 2011 *Glass Fusing* (3 hrs), Glass Endeavors, Minneapolis, MN
- 2008 *Rugmaking* (7 days), Camp Unistar, Cass Lake, MN
Nantucket Creel Purse (20 hrs), Fred Kohler
- 2007 *The Writing Habit*, The Loft Literary Center, Minneapolis, MN
- 2006 *Napkin Basket*, Suzanne Moore
- 2004 *Fabric Collage* (4 hrs), Laurie Bushbaum, Koinonia Retreat Center, Annandale, MN
- 2002 *Quilting Group* (1 year), Annette Murphy, Avivo, Minneapolis, MN
- 1996 *From Tree to Treasure* (5 days), Association of Michigan Basketmakers Convention, Grand Rapids, MI
- 1993-2007 Basketry classes (34 classes 272 hrs), nationally and internationally known teachers
- 1989 The Deaf Way: International Conference on Deaf Culture, Gallaudet University, Washington, DC

PROFESSIONAL EXPERIENCE

- 2019-present Small Business Owner (art), Martha Bird, Minneapolis, MN
- 2017-present Nurse Assessment Specialist, CHCS Services, MN
- 2001-present Nurse Consultant, Health Counseling Services, Minneapolis, MN
- 2019 Instructional Support Staff, Occupational Therapy Program, University of MN
- 2018 Client Instructor, Occupational Therapy Program, University of MN, Minneapolis, MN; Rochester, MN

VOLUNTEER

- 2021 Avivo Village, Minneapolis, MN
- 2011-12 Neighborhood Family Partner, Habitat for Humanity, Minneapolis, MN

- 2002 Powderhorn Park Restorative Justice Project
- 2000-12 McGruff House (safe house for children), Community Crime Prevention, Minneapolis, MN
- 1996-2012 Animal Humane Society, Golden Valley, MN
- 1993-2014 Tax Preparer (Deaf clients), Tax Counseling for the Elderly, AARP/IRS, Minneapolis, MN

ORGANIZATIONAL AFFILIATIONS

- 2022 American Craft Council
- 2016-22 Avivo ArtWorks Collective
- 2021 American Association of Woodturners: Virtual WIT eXchange (international collaborative projects)
- 2017-21 National Basketry Organization
Textile Center
Minnesota Basket Weaver’s Guild (and 1996-2010)
- 2019-20 American Holistic Nurses Association
Minnesota Holistic Nurses Association
- 2018-20 Art to Change the World
- 2017-19 Irish Basketmakers Association
- 2017-18 Association of Michigan Basketmakers (and 1994-1996)

LICENSES and CERTIFICATIONS

- 2021-present Certificate: Instructor, Work of Art: Business Skills for Artists, Springboard for the Arts
- 2020-present Certificate: Make It OK Ambassador (reducing mental illness stigma), HealthPartners, MN
- 2019-present Holistic Nursing Baccalaureate—Board Certified, American Holistic Nurses Certification Corporation
Certificate: Starting your Own Business in Health and Healing, Allegra Learning, allegralearning.com
Certificate: Youth Protection, Scouts BSA
- 2004-present Public Health Nurse, State of Minnesota
- 1999-present Registered Nurse, State of Minnesota
- 1990-94 Registered Nurse, State of Massachusetts
- 1989 PADI, Certified Open Water Scuba Diver
- 1987-92 Registered Nurse, State of Wisconsin
- 1987-90 State Certified Interpreter for the Deaf, Wisconsin

1987 Certificate: Gender and Women's Studies

EDUCATION

2002 MA in Human Development, St. Mary's University, Minneapolis, MN;
Focus: Holistic Health
Position Paper: *Pleasure, Passion, and Play: A Pleasure Based Wellness Model*

1987 BS with Distinction in Nursing, University of Wisconsin, Madison, WI;
Certificate: Gender and Women's Studies

2020 RN Refresher Course, Anoka-Ramsey Community College, Coon Rapids, MN

2018 Women's Art Institute, St. Catherine University, St. Paul, MN

2007 Resilience Training, Dr. Henry Emmons, Penny George Institute, Minneapolis, MN

1993 Mindfulness Based Stress Reduction, Jon Kabat Zinn, University of Massachusetts

1989 Gallaudet University, Washington, DC (proficient in American Sign Language)
Institute on Deafness, Northern Illinois University, Dekalb, IL.